

Head for the hills

The gadgets that make the great outdoors even greater



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Technology has even made its way into the humble torch, which these days boasts LED illumination and innovative designs. **Nite Ize's BugLit LED** (around £13) has low, high and strobe modes, is visible from a mile away and has rubber feet that you can twist to attach to almost anything, while head-mounted LED lights range in price from around £35 to well over £100. Petzl's Nao Headtorch (£135) is a bit over the top for the odd walk in the woods, but for serious running and other sports its sensor ensures a uniform level of brightness irrespective of how light or dark conditions become.